

Exploration of Orff Music Education in Colleges' Preschool Education Major

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Abstract: With the reform and development of the new curriculum standard, Orff music teaching method in preschool education has been concerned by more and more educators. Orff music teaching method covers a brand-new concept of music teaching. It can be used in music teaching to correctly guide the performance forms of children's students to express their pleasant emotions through singing and playing musical instruments, so that children can learn music in a relaxed way. Therefore, starting from the connotation and characteristics of Orff music teaching method, this paper explores the strategies of developing Orff music education in preschool education majors in Colleges and universities, in order to promote Orff music teaching method to play its real role in preschool education.

1. Introduction

In the process of carrying out preschool education, music education is one of its important components, which plays a positive role in promoting children's intellectual development and physical and mental health growth. By adopting effective and reasonable education and teaching methods, preschool music education can fully stimulate children's interest in music and enthusiasm for learning music at the beginning of exposure to music knowledge, and truly realize the significance of music education. However, there are still many problems in China's current preschool music education, such as the unsatisfactory teaching quality and teaching effect, the teachers' professional quality and the level of equipment and supporting facilities can not meet the requirements, the teaching content does not fit the actual situation of children, and does not follow the cognitive level and physical and mental development characteristics of children, which are not conducive to the healthy growth of children. Orff teaching method is a music teaching method widely used in the actual teaching process. It has the advantages of high feasibility and flexible application. Applying Orff teaching method to preschool music education can effectively improve the current situation of preschool music education and significantly improve the quality of preschool music education. Combined with the current situation of preschool music education in China, this paper makes an in-depth exploration of Orff teaching method, and analyzes the development of Orff teaching method in preschool music education.

2. Connotation and Characteristics of Orff's Music Teaching Method

2.1. Connotation of Orff's Music Teaching Method

Music is a window to express one's inner world, which can fully integrate one's feelings into music. Orff music teaching method is a kind of traditional and conventional music teaching method. This method fully combines theoretical knowledge with practical activities, and transforms the traditional learning method of teachers' leading singing and children's passive imitation singing into paying more attention to children's practical experience in the process of music education. Through the use of a variety of sensory organs, listening, speaking, reading, singing, dancing and other forms are displayed, so that children can give full play to their imagination, creativity and practical ability, so as to improve children's musical ability and emotional experience. It can be said that this method is more in line with modern educational concepts and needs, highlights the dominant position of children's learning, provides corresponding music learning guidance for children, and enables children to participate in music education and teaching activities autonomously. Children can

effectively achieve the ultimate goal of music teaching by constantly completing the tasks assigned by teachers in the learning process.

2.2. Characteristics of Orff's Music Teaching Method

Interest is the best teacher. Only by fully stimulating children's interest in music learning at the beginning of learning can we lay a foundation for children's future music learning. The central idea of Orff's music teaching method is "everything starts from children", which provides a broader space for children's development. In teaching, Orff teaching method combines music rhythm, melody, body language and other art forms to fully tap the connotation of music, stimulate children's brain development, stimulate children's logical ability, thinking ability and physical coordination ability, and cultivate children's team spirit. The purpose of Orff teaching method is to let children enjoy the pleasure of free learning music, improve their ability to feel and appreciate beauty, give full play to their creativity, and promote their comprehensive quality and ability to be further improved.



Figure 1 The classroom silhouette of Orff music lesson 2 *Houses all over the world* in kindergarten

Orff music teaching method emphasizes "people-oriented", and encourages children to participate in music content learning according to their own interests and conditions, so as to have perceptual cognition of music knowledge. Combined with the characteristics of children's individual differences and different understanding of music, children have their own space for independent development. Educators should pay attention to the guiding role of teachers in the learning process, let children fully participate in musical activities, stimulate children's nature, fully mobilize children's sensory organs, and explore their musical nature, so as to comprehensively improve children's development ability.

In addition, in early childhood, children often show great performance and creative enthusiasm in the field of art, and music is an important carrier for children to express themselves. Orff music teaching method creates a relaxed and good teaching environment for children to the greatest extent in the process of activities. Through the continuous active guidance, step-by-step and interactive participation of teachers, it can mobilize children's learning enthusiasm and stimulate children's creative interest, so as to further encourage children to boldly try, boldly express and express their true feelings.

3. Strategies of Orff Music Education in Colleges' Preschool Music Education Major

3.1. Stimulating Interest in Learning

The key goal of preschool music education is to cultivate children's interest in learning music. In preschool music education, music educators should fully understand the nature of children, and combine the characteristics of preschool children, such as strong curiosity, playfulness, good at expressing themselves, and further develop goals to carry out music education more scientifically and effectively. In the application process of Orff teaching method, it is necessary to cultivate children's musical interest and perception ability, so as to carry out simple and interesting sound training and experience the charm of music from different tones and sounds. Teachers can guide children to operate musical instruments and produce sound effects with different characteristics,

which is the most intuitive cognition and simplest perception of music for children. Children will combine their different understandings, constantly adjust their rhythm and volume, and perceive music in a relaxed and cheerful atmosphere. Teachers need to carry out targeted guidance for children in teaching, so that children can participate in music creation with a game attitude and full enthusiasm, and feel this happy music learning process.

3.2. Integrating Various Artistic Talents

The application of Orff teaching method is conducive to the cultivation of children's comprehensive quality and ability. Combined with the lively and curious personality characteristics of preschool children, we should give full play to the principle of combining theory with practice, so that children can express their different understanding and perception of music from multiple angles, aspects and ways. Integrating music education into different teaching activities of preschool education can provide and create different scenes for children, and use different means to carry out music learning, such as applying music education to story telling, game activities, and other activities, and integrating music with various forms of artistic expression. These activities will be more rich and fun. Combining music education with various artistic means can effectively improve the efficiency of teaching.

3.3. Adopting Diversified Teaching Methods

Music singing teaching should pay attention to innovation. An important part of preschool music teaching is singing teaching. Excellent singing teaching can ensure the effect of children's music learning. Therefore, we need to pay attention to music singing teaching. The traditional singing teaching method of pre-school music education is that teachers lead the singing, and children follow and sing together. This teaching method is not conducive to the development of children's independent innovation, and can only blindly follow teachers, reducing children's participation and hindering the development of children's subjective initiative. The application of Orff teaching method can enable children to fully appreciate the charm of music in their learning. Children can not only sing along, but also complete various singing forms such as solo, ensemble and chorus, which can effectively enhance the activity learning atmosphere and stimulate children's interest in learning. Under the guidance of teachers, children can fully show their personality, which can not only give full play to the role of Orff music teaching method, but also improve the effect of children's music learning and improve the quality of preschool music education and teaching.

3.4. Paying Attention to Practical Training

The most distinctive feature of Orff's music teaching method is to encourage children to improvise. In preschool education, the improvement of children's improvisation creativity can lay the foundation for the improvement of their innovative thinking. In music education, different children have different perceptions and cognition of different music. Children's emotional experience and expressiveness are rich and varied and have individual differences. Children can combine their own different perceptions of music to create different artistic lights. Therefore, teachers carry out various performance practice activities and game activities, use the combination of hand and brain, strengthen the emotional communication between children and music, guide children to actively participate in it, and maximize the creativity and thinking ability of children, so as to improve their comprehensive quality and artistic cultivation.

3.5. Exploring Collective Teaching Mode

Focusing on "people-oriented" is the core of Orff's music teaching method. Children's music education is not only the cultivation of knowledge and skills, but also the cultivation of comprehensive quality improvement. Orff's music teaching activities often emphasize cooperation and cannot be completed by individuals alone. Therefore, we should explore collective teaching, provide children with a broad platform for sharing, communication and cooperation through multi person cooperation, let children experience the joy of successful cooperation in the process of activities, increase effective interaction and communication between children, children and teachers,

and enhance the sense of cooperation. At the same time, Orff teaching method encourages parents to actively participate in music teaching activities, which is conducive to promoting the feelings between parents and children, making the relationship between children and parents closer, so that children's personality and sociality can be further developed.

3.6. Improving the Supporting Facilities of Music Education

In order to ensure the effective implementation of Orff teaching method in preschool music education, kindergartens or preschool education institutions need to gradually improve the teaching supporting facilities. In the context of the application of Orff teaching method, more abundant music teaching facilities are needed. For example, collective music learning requires spacious classrooms to provide children with a cooperative communication and creative environment. The teaching of musical instruments needs more musical instrument facilities, such as piano, hand bell, hand drum, trumpet and other musical instruments. On this basis, it requires the input and use of multimedia equipment, such as audio, projection equipment or electronic screens. All these can provide a strong material guarantee for the further application of Orff's teaching method.

4. Conclusion

Preschool education is an important part of children's enlightenment education, and music education is the key link of preschool education, which is related to the comprehensive and healthy development of children's body and mind in the future. Orff teaching method is an advanced and suitable teaching method for preschool music education, which has been verified by many educators. It has the advantages of strong flexibility, high effectiveness and high operability. The Orff teaching method in preschool music education can effectively stimulate the learning interest of children who are first exposed to music, promote children to communicate and get along harmoniously with others in music learning, and cultivate a sense of teamwork. Therefore, it is necessary to combine the current actual situation of preschool music education and the characteristics of Orff teaching method, so that Orff teaching method can be fully integrated into preschool music education, so that children can achieve the improvement of overall quality cultivation in music education, actively perceive music in music teaching, experience the beauty of music, and cultivate children's active creativity, so as to comprehensively improve their comprehensive ability.

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